



SUNDAY 29TH SEPTEMBER - FRIDAY 4TH OCTOBER

2019
PROGRAMME



If you enjoy walking, you'll love Walk the Isle of Man! Whether you are a seasoned hiker who knows the Island well, or you are here for the first time to experience our magnificent landscapes and spectacular coastlines, Walk the Isle of Man promises a feast of sights and sounds, experiences and adventures, to treasure forever.

Our 2019 programme contains a superb choice of five walks each day – covering a mixture of easy, moderate and strenuous routes - designed to appeal to all levels of walker. Simply select one walk per day. You can scale up as the week goes on, or take some days more leisurely than others. It's entirely up to you.

Each walk will be led by experienced walk leaders and supporters. Please note, you will be responsible for bringing your own food and refreshments.

If you require any information about travel insurance the following link should prove helpful.

<https://www.gov.im/categories/health-and-wellbeing/health-advice/healthy-living/travelling-and-health/health-insurance-when-travelling/>



WELCOME

Arrival: 7pm | Sunday 29th September 2019

Your rendezvous will be The Ascot Hotel, just off the famous promenade in Douglas. The Ascot can be your base for the week, but we will also be offering a choice of accommodation options in and around Douglas. Let us know your preference.

During an introductory reception, you will have the chance to familiarise yourself, meet your fellow walkers and some of the walk leaders and organisers. Tea, coffee and snacks will be provided.

ABOUT US

Walk the Isle of Man is organised by the Island's leading events company, Isle of Man Event Services, and Go-Mann Adventures, which is run by expert walking guide Dr Andrew Foxon. Andrew is a qualified Isle of Man Blue Badge Guide (Guild of Manx Registered Tour Guides) and a Hill & Moorland Leader (Mountain Training Association) with a background in archaeology & landscape history and a passion for the outdoors.

He is supported by an experienced and capable team of Isle of Man-based walk leaders and supporters who know the Island intimately. You'll be in safe and knowledgeable hands throughout.

FAREWELL RECEPTION

7pm | Friday 4th October 2019

Our farewell reception will again be at The Ascot Hotel and will provide the perfect opportunity to reconvene and reminisce, with one or two surprises thrown in. Don't miss it!

TO BOOK YOUR PLACE

For all travel, accommodation and activity packages associated with Walk the Isle of Man, including Island-based walkers who only wish to register and reserve places on any of the walks, please contact: Sally Helwich, Isle of Man Event Services Ltd, 15b The Village Walk, Avondale Road, Onchan, IM3 4EB
Tel **01624 664460** | Email: info@iomevents.com | Web: www.iomevents.com

WE LOOK FORWARD TO WELCOMING YOU TO WALK THE ISLE OF MAN 2019.

THE ROUTES GENERAL INFORMATION

- All walks must be booked in advance and there will be a maximum number of 30 bookings for each walk. Should the walk you wish to do not be available, you will be offered other choices.
- All walks start and finish using public transport and use the Go-Explore Card which gives free access to Isle of Man buses, steam trains, the Manx Electric Railway (MER) and the Snaefell Mountain Railway (SMR). Travel outwards on the steam train, MER and SMR has been booked. Outward journeys by bus and all return journeys are not booked and options for those journeys will be provided in advance of the event and supplied to your walk leaders and supporters.
- The Isle of Man has great coastal, countryside, glen and moorland walking. The weather in late September and early October can be very variable! We recommend that you wear walking boots with a good grip, layers of clothing appropriate for an Island with dynamic weather systems including waterproofs. Traditional jeans or cotton are not recommended. Walking poles can be a real help on some of the more exposed paths and slopes.
- Please bring your own supplies of food and drink for each day.
- Some walks take place in remote areas where there are no toilet facilities, refreshments facilities or shelters.
- Participating in a walk is at your own risk. If you feel you have not enough information about a walk or what to expect, please ask before booking. Booking for a walk is assumed as consent that you are capable and ready to undertake the walk concerned.
- Please always follow the guidance of the walk leaders and supporters, keep behind the designated walk leader and in front of the designated back marker. If you leave the walk you must confirm this with the leader or back marker.
- Walk leaders and supporters reserve the right to refuse participation to any walker if they are not safely or suitably attired or if in their opinion would be unsuited to undertake the walk.
- Walk leaders and supporters have the final discretion to change the route of a walk if they feel it is necessary as a result of weather conditions, road and footpath closures, footpath conditions or other circumstances.
- On public roads, keep to the right (unless safety and the guidance of the walk leaders dictates otherwise). Do not deviate from way-marked footpaths.
- If you have a relevant medical condition, or carry medication with you, please advise the walk leaders and supporters. This can be done in confidence and is important for your own safety on the walk and for their ability to handle any incident.
- Dogs are not allowed on the walks which are part of this event because of the proximity of livestock and farmland.
- Local walk leaders, supporters, organisers and participants may wish to take photographs during the walks and share these on social media and as part of future publicity for the Isle of Man. If you do not wish your photograph to be taken, please advise the walk leader on each walk.

WALK DESCRIPTIONS AND GRADINGS:






Located in the middle of the Irish Sea, the Isle of Man has considerable variety in its landscape which makes it a real treat for walkers. We have coastal footpaths and trails along 'natural' footpaths, countryside and glen walks, as well as hill and moorland paths, all influenced by a maritime climate. Some of the routes we use include stretches of farm track, country road or road walking. The ground we will walk on can be rough and uneven and can change quickly in the course of a single walk.



The walk descriptions below give an idea of where each walk goes, how far it is, how much height is gained along the route, a rough indication of timing, what we may see and what to expect.

The following terms have been used to give a general grading and supported by the walk description:

-  **Easier:** Flatter or gently-rolling landscape. Walking on paths, tracks and country roads with average to good surfaces. Some walking on gentle slopes sometimes with steps or stiles en-route.
-  **Moderate:** Varying landscape with more variety in paths and slopes. Occasional challenging slopes. Stiles, steps or kissing gates en route. Suitable for keen walkers and anyone regularly active. Some may be coastal and near cliffs.
-  **Strenuous:** Challenging walk because of height gained and/or distance covered over rough country. Suitable for experienced walkers who are fit and active. Expect steep slopes, narrow and uneven paths with stiles and kissing gates.

We have aimed to offer one easier walk, three moderate walks and one strenuous walk per day. It may be possible to make variations or changes based on actual demand.

MONDAY 30TH SEPTEMBER

Monday 1 - Easier

Port Soderick Glen -
Marine Drive – Douglas

7.5 km/4.5 miles.

Height gained 180m/590 feet.

About 2.5 hours walking

Description: Coastal walk along the east coast of the Island on part of the Raad ny Foillan/Way of the Gull long distance coastal footpath mostly on country roads.

We take the 09:50 steam train from Douglas Railway Station (booked) to Port Soderick Station, then walk through Port Soderick Glen, one of the Island's National Glens, to Port Soderick Bay. After a steep stepped rise out of the bay we join 'Marine Drive' and walk back to Douglas Head and Douglas on foot along the line of the former tramway exploring Douglas Head as we return.

What we may see: Woodland wildlife, coastal sea birds (choughs, gulls, ravens, peregrine falcons), coastal plants, geology, cliff and coastal views, views over Douglas and Douglas Bay, memorials on Douglas Head.

What to expect: After Port Soderick Glen the route is mainly on the tarmacked surfaces of Marine Drive with gentle inclines and drops. Multiple steps at Port Soderick.

Monday 2 - Moderate

(also available as Wednesday 3 Moderate and extended version Friday 5 Strenuous)

Port St Mary -
The Sound – Port Erin

12 km/7.5 miles.

Height gained 270 m/886 feet.

About 5 hours walking

Description: One of the Island's favourite coastal walks in the southwest of the Island and rated as one of the best coastal walks around the Irish Sea. Walked by Clare Balding in 'Ramblings'! Explore part of the Raad ny Foillan/Way of the Gull long distance coastal footpath.

We take the bus from Douglas to Port St Mary (not booked) and walk along the spectacular coastal cliffs and bays round the southwest corner of the Isle of Man past the geological fissures known as the Chasms and by two Iron Age promontory forts to the Sound, overlooking the Calf of Man and Kitterland, then continue up the west coast to Port Erin Bay and Port Erin. Return by steam train (not booked) or bus (not booked) to Douglas. Recommended outward transport times and options for return to be provided when timetables are confirmed.



What we may see: Coastal wildlife, sea birds, gulls, choughs, ravens, grey seals at the Sound. Geology. Iron Age promontory forts.

What to expect: Mostly natural footpath along the coast and cliff, moorland areas, rocky surfaces. Café and toilets at the Sound.

Monday 3 - Moderate Flat

(also available as Friday - 3 Moderate)

Ballasalla – Ronaldsway –
St Michael's Isle – Langness
– Castletown

13 km/8 miles.

Height gained 110 m/360 feet.

About 4.5 hours walking

Description: Coastal and riverside walk in the south of the Island mostly following part of the Raad ny Foillan/Way of the Gull long distance coastal footpath but also some riverside walking.

We take the 09:50 steam train (booked) from Douglas Railway Station to Ballasalla and then head through the outskirts of the village to reach the coast next to Ronaldsway airport. The route

then follows the coast through Derbyhaven onto the long peninsula of Langness and the little rocky outcrop of St Michael's Isle with its chapel and Civil War fort. We head south on the rugged east side of Langness and back through the bird reserve and ASSI at Sandwick round the bay to Castletown: the Island's former capital. The route then follows the Silverburn back to Ballasalla for a return to Douglas by bus (not booked). Options for return transport to be provided when timetables are confirmed.

What we may see: Limestone and volcanic rock, coastal wildlife, sea birds, gulls, choughs, ravens, salt marsh species, ducks, waders, herons, 12th/13th century chapel, Civil War fort, Langness lighthouse, Castle Rushen, Rushen Abbey

What to expect: Coastal and riverside walking on open ground, footpaths and country roads mainly on the flat



Monday 4 - Moderate

Peel – Railway Line – Knockaloe – Holy Trinity, Patrick – Barnell Lane – Arrasey Road – Glen Maye – Peel Hill – Peel

14 km/8.5 miles.

Height gained 420 m/1378 feet.

About 5 hours walking

Description: A great mix of inland and coastal walking in the west of the Island, beginning and finishing

in Peel, the main harbour on the west coast.

We take the bus (not booked) to Peel Harbour then follow the quayside and old railway line before heading to Knockaloe (the site of a massive WWI internment camp) and Holy Trinity Church, Patrick. We head up a country lane and join upland tracks which lead to the lovely national glen of Glen Maye and its spectacular waterfall. Our route then joins the Raad ny Foillan/Way of the Gull long distance coastal footpath for our return to Peel past the 'Happy Hikers' memorial, the top of Peel Hill, Peel Castle and Peel harbour for a return to Douglas by bus (not booked). Recommended outward transport times and options for return to be provided when timetables are confirmed.

What we may see: Coastal, riverside and inland wildlife, WWI internment heritage, church, waterfall, mining remains, 19th century tower, Peel Castle and harbour

What to expect: Riverside, inland, glen and coastal walk on footpaths and country tracks. Two steeper rises.



Monday 5 - Strenuous

Snaefell – Clagh Ouyr – (North) Barrule – Ballure Plantation – Ramsey

12 km / 7.5 miles.

Height gained 400 m/1312 feet.

About 4.5 hours walking

Description: Hill walk over open moorland in the northeast of the Island taking in the Island's highest peaks along a rounded ridge.

We take the 10:40 Manx Electric Railway tram (booked) from Derby Castle, Douglas to Laxey and change to the Snaefell Mountain Railway (booked) to travel the easy way to the top of Snaefell (621 m/2034 feet). We then cross open rough grazing and moorland on tracks down the side of Snaefell to cross the Mountain Road (route of the famous TT motor racing course) and then up Clagh Ouyr and on to (North) Barrule along a rounded ridge. If the weather allows we shall be able to see not only the Northern Plain and hills, but also the 'Seven Kingdoms' – Ireland, Scotland, England, Wales, Mann, Heaven and the Sea! We head down (North) Barrule to Ballure Plantation and Reservoir and to our finishing point in Ramsey, the largest town in the north of the Island and return to Douglas by bus (not booked) or the Manx Electric Railway (not booked). Options for return transport to be provided when timetables are confirmed.

What we may see: Hill and moorland wildlife, ravens, hen harriers, hares

What to expect: Mainly hill and moorland walk over rough grazing and moorland, steep slopes down and up and walk along an exposed but rounded ridge.

TUESDAY 1ST OCTOBER

Tuesday 1 - Easier

St John's – Tynwald Hill – railway line – Peel Hill – Peel

8.5 km/5 miles.

Height gained 180 m/590 feet.

About 3 hours walking

Description: Inland low level walk in the west of the Island leading to the west coast and into Peel and Peel Castle over Peel Hill.

We take the bus (not booked) from Douglas to St John's and have time to explore the Royal Chapel of St John's and Tynwald Hill – the Norse outdoor assembly site used for over a thousand years. We follow the line of the old railway track and river westwards and then gradually rise up the slope of Peel Hill with views over the Island from Corrin's tower and Peel Hill before descending to Peel Castle and Peel itself with its harbour, promenade, Cathedral and museums. Return to Douglas by bus (not booked). Recommended outward transport times and options for return to be provided when timetables are confirmed.

What we may see: St John's and Tynwald historic sites, riverside and wetland wildlife, mill, hill and coastal wildlife, grey seals near Peel Castle, Corrin's tower, Peel Castle, Peel harbour, Cathedral and museums.

What to expect: Easy initial walking on flat route of former railway then gradual rise onto Peel Hill on moorland footpaths and drop to Peel harbour.

Tuesday 2 - Moderate

Groudle Glen – St Adamnan's church – Ballanette – Baldrine – Shonest – Ballagawne – Garwick Glen halt

11 km/7 miles.

Height gained 300 m/984 feet.

About 4 hours walking

Description: Inland glen, country road and footpath walk in the east of the Island through farmland and a nature reserve with early Christian crosses at St Adamnan's church.

We take the 10:10 Manx Electric Railway (booked) from Derby Castle, Douglas for a short journey to Old Groudle Road and follow the riverside through Groudle Glen, one of the Island's National Glens, gradually rising to the Groudle Glen Railway to join country roads to the historic St Adamnan's Church and its Celtic and Norse crosses. We continue on country roads and grassy footpaths to explore Ballanette Nature Reserve, views of Laxey Bay, Laxey and Snaefell and continue into Baldrine

village. Rising up on farm tracks and footpaths we pass through a network of small fields to our end point at Garwick Glen halt from where we take the bus (not booked) or the Manx Electric Railway (not booked) back to Douglas. Options for return transport to be provided when timetables are confirmed.

What we may see: Wooded glen and woodland wildlife, wetland plants, rich roadside verges, St Adamnan's Church with Celtic & Norse crosses, Ballanette Nature reserve, coastal wildlife

What to expect: About half the walk is on country roads and half on coastal paths and footpaths through farmland.

Tuesday 3 - Moderate

Snaefell – Corrans Valley – The Hibernian – Ballure – Albert Tower – Ramsey

12 km/7.5 miles.

Height gained 150 m/490 feet.

About 5 hours walking

Description: Hill walk over open moorland and tracks in the northeast of the Island mostly downhill then country roads and footpaths leading down from the northern hills into Ramsey.

We take the 10:10 Manx Electric Railway (booked) from Derby Castle, Douglas to Laxey and change onto the Snaefell Mountain Railway

(booked) to the top of Snaefell. We then walk down the side of Snaefell to cross the Mountain Road TT course and rise onto the slope of Clagh Ouyr from where we follow the contours and gradually descend through open moorland and rough grazing to a country road. We head north towards Ramsey with views over the northern plain and visit the Albert Tower, commemorating the visit of Prince Albert in 1847 and follow paths and roads into Ramsey for a return to Douglas by bus (not booked) or the Manx Electric Railway (not booked). Options for return transport to be provided when timetables are confirmed.

What we may see: Moorland wildlife, ravens, hen harriers, mining remains, Albert Tower, Ramsey and Ramsey Harbour

What to expect: Open hill and moorland walking, mostly downhill.



Tuesday 4 - Moderate/ Strenuous

Ballasalla – Rushen Abbey
– Silverdale Glen – Bayr
Lhean – South Barrule –
Ballabeg

15 km/9.5 miles.
Height gained 500 m/1640 feet.
About 6 hours walking

Description: Inland glen and country road walk in the south of the Island.

We take the bus from Douglas to Ballasalla (not booked) and

begin our route following part of the Triskelion Way at medieval Rushen Abbey by the Silverburn and through Silverdale Glen. Following country roads and lanes we reach Kerrowkeil Methodist Chapel and then rise to the foot of South Barrule from where a path takes us to the top of the highest peak in the south of the Island (483 m/1585 feet) and its Iron Age summit hillfort. After returning to the foot of South Barrule we follow country roads and a green lane downhill to Ballabeg and take a bus (not booked) back to Douglas. Recommended outward transport times and options for return to be provided when timetables are confirmed.

What we may see: Riverside wildlife, Rushen Abbey, mills, rich roadside verges, Methodist Chapel, plantation, moorland wildlife, Iron Age hillfort.

What to expect: Riverside paths, wetland, moorland tracks, green lane. Mostly on country roads and lanes.



Tuesday 5 - Strenuous

Port Erin – Bradda Head –
Lhiattee ny Beinnee – the
Sloc – Cronk ny Arrey Laa –
Dalby – Peel Hill – Peel

24 km/15 miles.
Height gained 800 m/2624 feet.
About 7.5 hours walking

Description: For those who like a challenging walk. A spectacular

long stretch of the coastal footpath in the southwest and west of the Island with a lot of height gained. We take the bus (not booked) from Douglas to Port Erin and follow the route of the Raad ny Foillan/Way of the Gull long distance coastal footpath through hill and moorland with three steep ascents and drops. From Port Erin we go onto Bradda Head with a steep descent into Fleshwick (alternative gentler route in poor weather/visibility). A steep rise leads to Lhiattee ny Beinnee and down for a break at the Sloc. We then rise again to Cronk ny Arrey Laa at 437m/1449 feet the second highest peak in the south and drop down as we head north towards Dalby, Glen Maye, its lovely waterfall and along the coast to Peel Hill and our arrival in Peel. Return to Douglas by bus (not booked). Recommended outward transport times and options for return to be provided when timetables are confirmed.

What we may see: Coastal wildlife, choughs, ravens, gulls, moorland wildlife. Milner's tower on Bradda Head, Bronze Age burial at Cronk ny Arrey Laa, St James' Church Dalby, Glen Maye waterfall and mining remains, Corrin's Tower and Peel Castle and harbour.

What to expect: Almost entirely on narrow coastal, cliff and moorland footpaths over rough ground. A stretch on country tracks and roads and one descent over smooth bedrock. Steep uphill and downhill slopes.

WEDNESDAY 2ND OCTOBER



Wednesday 1 - Easier

Glen Mona – Port Cornaa – Ballaglass Glen – Cornaa Halt

6 km/4 miles.

Height gained 100 m/328 feet.

About 2.5 hours walking

Description: Woodland walk in the northeast of the Island through Glen Mona and Ballaglass Glen on footpaths and country lanes.

We take the 10:40 Manx Electric Railway (booked) from Derby Castle, Douglas to Glen Mona and follow paths and a country lane through woodland to the coast at Port Cornaa, then head up the other side of the Cornaa Valley to one of the nicest wooded glens in the Island – Ballaglass Glen. On the way we pass industrial archaeological heritage from mining, milling and manufacturing. We return to Douglas by the Manx Electric Railway from Cornaa Halt/Cornaa International! (not booked). Options for return transport to be provided when timetables are confirmed.

What we may see: Rich lane-side verges, woodland wildlife, shingle beach and coastal wildlife at Port Cornaa, 'bellite' explosives works, mills and mining remains, Ballaglass Glen.

What to expect: Gently sloping country lanes and footpaths.



Wednesday 2 - Moderate

Laxey Station – Agneash – King Orry's Grave – Laxey harbour – Laxey Station

8 km/5 miles.

Height gained 260 m/853 feet.

About 3.5 hours walking

Description: Explore the rich mining and farming landscape on country roads and footpaths around Laxey in the east of the Island with views to the hills and over Laxey Bay.

We take the 10:10 Manx Electric Railway (booked) from Derby Castle, Douglas to Laxey and then walk by the river past the Great Laxey Wheel (the largest working waterwheel in the world) and industrial archaeology of lead and zinc mining. The steep country road leads to Agneash village and more mining heritage and then over open fields and country tracks to the two Neolithic chambered tombs of King Orry's Grave. We then walk down to Laxey Harbour and Laxey Bay and up by the river back to Laxey Station. Return to Douglas by bus (not booked) or Manx Electric Railway (not booked). Options for return transport to be provided when timetables are confirmed.

What we may see: Industrial archaeology, mining heritage, neolithic chambered tombs, woodland wildlife, inland and coastal views.

What to expect: Most of the route is on country roads and tracks. Two steepish rises.



Wednesday 3 - Moderate

(also available as Monday 2 Moderate and extended version Friday 5 Strenuous)

Port St Mary – The Sound – Port Erin

12 km/7.5 miles.

Height gained 270 m/886 feet.

About 5 hours walking

Description: One of the Island's favourite coastal walks in the southwest of the Island and rated as one of the best coastal walks around the Irish Sea. Walked by Clare Balding in 'Ramblings'! Explore part of the Raad ny Foillan/Way of the Gull long distance coastal footpath.

We take the bus from Douglas to Port St Mary (not booked) and walk along the spectacular coastal cliffs and bays round the southwest corner of the Isle of Man past the geological fissures known as the Chasms and by two Iron Age promontory forts to the Sound, overlooking the Calf of Man and Kitterland, then continue up the west coast to Port Erin Bay and Port Erin. Return by bus (not booked) to Douglas. Options for return transport to be provided when timetables are confirmed.

What we may see: Coastal wildlife, sea birds, gulls, choughs, ravens, grey seals at the Sound. Geology. Iron Age promontory forts.

What to expect: Mostly natural footpath along the coast and cliff, moorland areas, rocky surfaces. Café and toilets at the Sound.



Wednesday 4 - Moderate/Strenuous

Crosby – Millennium Way – Slieau Ruy – Greeba Mountain – King’s Forest – Crosby

12 km/7.5 miles.

Height gained 470 m/ 1542 feet.

About 5 hours walking

Description: Moorland and plantation walk in the middle of the central valley.

We take the bus from Douglas to Crosby (not booked) and follow a stretch of the Millennium Way long distance footpath north, then head up onto open moorland to reach the summits of Slieau Roy (479 m/1572 feet) and Greeba Mountain (422 m/1384 feet). From these heights we drop down through plantation (the King’s Forest) and return past St Trinian’s medieval chapel to Crosby for a return to Douglas by bus (not booked). Recommended outward transport times and options for return to be provided when timetables are confirmed.

What we may see: Open country with farmland, moorland and plantation. Views from Slieau Roy



and Greeba Mountain. Moorland wildlife and local folklore for Greeba Mountain and St Trinian’s Chapel.

What to expect: Some road walking but mainly hill paths with a steep ascent and descent.



Wednesday 5 - Strenuous

Snaefell – Millennium Way – Sky Hill – Ramsey

14.5 km/9 miles.

Height gained 210 m/689 feet.

About 6 hours walking

Description: A real taste of upland, moorland landscape in the north of the Island.

We take the 09:40 Manx Electric Railway from Derby Castle, Douglas (booked) to Laxey and change to the Snaefell Mountain Railway (booked) for the easy ascent to the top of the Island and Snaefell. We descend from the summit on foot to the Bungalow on the Mountain Road TT course and after a short stretch of road

walking join the Millennium Way long distance footpath for the rest of the walk. The ‘Millennium’ celebrated in the name is the Millennium of the Isle of Man assembly, Tynwald, in 1979. This is mostly a moorland path, boggy in places, over heather-clad hills and rough grazing. We drop down the steep slope of Sky Hill, pass the Battle of Sky Hill memorial (AD 1079) and follow a short stretch of the TT course into Ramsey for a return to Douglas by bus (not booked) or on the Manx Electric Railway (not booked). Options for return transport to be provided when timetables are confirmed.

What we may see: Moorland wildlife, ravens, hen harriers, TT course, upland ‘sheiling’ eary/ eairy settlements, battle of Sky Hill memorial, Ramsey town and harbour

What to expect: Hill and moorland footpaths, heather moorland, bog, plantation tracks and two stretches of road walking

THURSDAY 3RD OCTOBER



Thursday 1 - Easier

Port St Mary – Chasms – Glen Chass – Port St Mary

8 km/5 miles.

Height gained 150 m/492 feet.

About 3 hours walking

Description: A walk along a lovely piece of southern coast and around Port St Mary.

We take the bus from Douglas (not booked) to Port St Mary harbour and follow part of the Raad ny Foillan/Way of the Gull long distance coastal footpath through Port St Mary to Fistard then on past the cliffs at the Chasms to look from a safe distance at the deep geological fissures which give the site its name. We head for Glen Chass then into Port St Mary to explore this harbour village. Opportunity to continue to Port Erin and spend time around the harbour and village before returning to Douglas by bus (not booked) or steam railway (not booked). Recommended outward

transport times and options for return to be provided when timetables are confirmed.

What we may see: Coastal wildlife, farming heritage, geology, WWII USAF memorial, history and heritage of Port St Mary.

What to expect: Country roads, coastal footpaths and farmland.

Thursday 2 - Moderate

Ballajora – Port Mooar – Maughold – Maughold Head – Ramsey

10 km/6 miles.

Height gained 160 m/525 feet.

About 4 hours walking

Description: Coastal footpath and country road walk in the northeast of the Island.

We take the 09:40 Manx Electric Railway from Derby Castle, Douglas (booked) to Ballajora and then follow the route of the Raad ny Foillan/Way of the Gull long distance coastal footpath to Port Mooar and on to Maughold village

with Kirk Maughold parish church (and former Celtic monastery) with the largest collection of Celtic and Norse memorials on the Island. From Maughold we walk onto Maughold Head and Brooghs to follow the path along the coast to Port-e-Vullen. We join the coast road heading into Ramsey and return to Douglas by bus (not booked) or the Manx Electric Railway (not booked). Options for return transport to be provided when timetables are confirmed.

What we may see: Great views over the rural parish and to (North) Barrule, the northern hills, and over Ramsey Bay, coastal wildlife, mining heritage, Maughold Early Christian, Norse and Medieval heritage.

What to expect: Mostly walking on natural coastal footpaths with some country road and road walking into Ramsey.

Thursday 3 - Easier/Moderate

Groudle Glen – Molly Quirk's Glen – Reservoirs – Onchan

10.5 km/6.5 miles.

Height gained 200 m/656 feet.

About 4 hours walking

Description: Riverside walk through narrow glens and then to open reservoirs around Groudle

and Onchan just north of Douglas. We take the 10:40 Manx Electric Railway from Derby Castle, Douglas (booked) to Old Groudle Road and then drop down to follow the footpath up Groudle Glen and Molly Quirk's Glen to the Clypse and Kerrowdhoo Reservoirs. We then return to Onchan on foot to explore the village and return to Douglas by bus (not booked) or on foot through Onchan, Port Jack and Douglas Promenade (self-guided). Options for return transport to be provided when timetables are confirmed.

What we may see: Riverside, glen and reservoir wildlife. Onchan village, St Peter's church and crosses.

What to expect: Riverside, glen and reservoir-side footpaths, sometimes narrow, sometimes wet and muddy. Country road and road return to Onchan.



Thursday 4 - Moderate/Rough

Snaefell – Bungalow – Snaefell Mines – Agneash – Laxey

9 km/ 5.5 miles.

Height gained 40 m/131 feet.

About 4 hours walking

Description: A downhill route from the top of the Island to the east coast at Laxey on moorland paths, open rough ground, former miners' tracks and country roads.

We take the 09:40 Manx Electric Railway (booked) from Derby Castle, Douglas to Laxey and change for the Snaefell Mountain Railway (booked) to the top of our highest peak (621 m/2034 feet). Once we've reached the summit of the Island we follow the footpath down to the TT Mountain Course at the Bungalow and then head across open, uneven and sometimes wet hill land to the Snaefell Mines. We then follow the miners' track to Agneash and a country road to Laxey, passing the Great Laxey Wheel. We return to Douglas by bus (not booked) or Manx Electric Railway (not booked) or carry on for a self-guided walk around Laxey. Options for return transport to be provided when timetables are confirmed.

What we may see: Open hill and moorland wildlife, ravens, hen harriers and kestrels. Mining remains and industrial archaeology.

What to expect: About half the journey is downhill on open, uneven and sometimes boggy moorland then the rest on tracks and country roads.



Thursday 5 - Strenuous

Douglas – Castletown on the Raad ny Foillan

**26 km/16 miles. Height gained
350 m/1148 feet. About 6.5
hours walking**

Description: Follow the Raad

ny Foillan/Way of the Gull long distance coastal footpath down the east coast from the modern capital Douglas to the old capital Castletown in the southeast corner of the Island.

We begin our walk in Douglas and head up Douglas Head then follow the metalled surface of Marine Drive south to Port Soderick. We walk through Port Soderick Glen and along an inland stretch of road, then head back for the coast and a route which keeps tight to headlands and bays, passing a number of Iron Age and Norse promontory forts and arriving at Ronaldsway and Derbyhaven. We follow the beach to Castletown and finish our walk by medieval Castle Rushen. Return to Douglas by bus (not booked). Options for return to be provided when timetables are confirmed.

This coastal path keeps to the edge of the Island where it can, and has some near vertical drops near it, giving great views along the coast with routes around small bays and inlets. In a couple of places it comes inland on a stretch of main road.

What we may see: Coastal wildlife, gulls, choughs, peregrine falcons, waders and ducks. Iron age and Norse promontory forts. Medieval Castle Rushen. Geology.

What to expect: A mix of coastal, cliff top and beach-side walking with some road walking where necessary.

FRIDAY 4TH OCTOBER

Friday 1 - Easier

Castletown – Castle Rushen
- Scarlett Head – Chapel
Hill, Balladoole, Castletown

8.5 km/5 miles.

Height gained 50 m/164 feet.

About 3 hours walking.

Description: An exploration of geology and archaeology in a 'Volcanoes and Vikings' walk in the southeast of the Island.

We take the 09:50 Steam Railway from Douglas Railway Station (booked) to Castletown Station and then walk along a stretch of the Silverburn to medieval Castle Rushen and Castletown Bay. As we head west onto Scarlett Head we move from limestone rocks to ones of volcanic origin and round a headland with WWII defences, Iron Age and early Christian sites and the place where stone for some of the steps in St Paul's Cathedral were quarried. At Chapel Hill, Balladoole we see the sites of a bronze age burial, an Iron Age fort, an early Christian chapel and a Viking ship burial before returning to Castletown past the 'witches mill'. Return to Douglas by bus (not booked) or Steam train (not booked). Options for return to be provided when timetables are confirmed.

What we may see: A wealth of geology, archaeology, coastal and



limestone plants and birdlife.

What to expect: Coastal track, stiles, footpath and open fields with one stretch of country road.

Friday 2 - Moderate

Crosby – Old St Runius –
Glendarragh Mill – railway
line – Douglas

10 km/6 miles.

Height gained 80 m/262 feet.

About 3.5 hours walking

Description: A gentler walk (apart from one hill!) on country roads and the old railway line in the eastern central valley of the Island.

We take the bus to Crosby (not

booked) and follow a stretch of the Millennium Way south to Old St Runius church with its early crosses, 18th century building and Archibald Knox grave marker. After passing the model Victorian farm at Etherslie and Glendarragh Mill we join the route of the old railway line back to Douglas for an easier low level walk through stations and cuttings. Our route then passes through the Nunnery Estate to bring us to Douglas quayside, harbour and Central Douglas on foot. Recommended outward transport times to be provided when timetables are confirmed.

What we may see: Rural wildlife and verges including areas of wetland. Railway and industrial

heritage, medieval and Victorian heritage at the Nunnery and Douglas harbour.

What to expect: Partly on country roads and partly on reclaimed railway line.

Friday 3 - Moderate

(also available as Monday 3 Moderate)

**Ballasalla – Ronaldsway –
St Michael's Isle – Langness
– Castletown**

13 km/8 miles.

Height gained 110 m/360 feet.

About 4.5 hours walking

Description: Coastal and riverside

walk in the south of the Island mostly following part of the Raad ny Foillan/Way of the Gull long distance coastal footpath but also some riverside walking.

We take the 09:50 steam train (booked) from Douglas Railway Station to Ballasalla and then head through the outskirts of the village to reach the coast next to Ronaldsway airport. The route then follows the coast through Derbyhaven onto the long peninsula of Langness and the little rocky outcrop of St Michael's Isle with its chapel and Civil War fort. We head south on the rugged east side of Langness and back through the bird reserve and ASSI at Sandwick round the bay to

Castletown: the Island's former capital. The route then follows the Silverburn back to Ballasalla for a return to Douglas by bus (not booked). Options for return to be provided when timetables are confirmed.

What we may see: Limestone and volcanic rock, coastal wildlife, sea birds, gulls, choughs, ravens, salt marsh species, ducks, waders, herons, 12th/13th century chapel, Civil War fort, Langness lighthouse, Castle Rushen, Rushen Abbey

What to expect: Coastal and riverside walking on open ground, footpaths and country roads mainly on the flat.



FRIDAY 4TH OCTOBER



Friday 4 - Moderate

Kirk Michael – Glen Mooar –
Staarvey Road – Lhergydoo
– Peel

13 km/8 miles.

Height gained 240 m/787 feet.

About 4.5 hours walking

Description: A mix of coastal, glen and country road walking from Kirk Michael in the northwest of the Island to Peel in the west.

We take the bus from Douglas (not booked) to Kirk Michael and have quick visit to a fine collection of Norse crosses, then follow the route of the old railway line south for a short stretch to Glen Wyllin and head for the beach! When we reach Glen Mooar we follow a road and footpath inland to Cabbal Pherick (St Patrick's Chapel) and Spooyt Vane (the white waterfall) before following the Monk's Way inland and taking a mix of country tracks and roads southwards. We head for the coast again and round Peel Headlands with glorious views from the north over Peel Bay, Peel Castle and Peel Hill before arriving in Peel itself and the opportunity to explore the harbour, Cathedral and town self-guided. Return to Douglas by bus (not booked). Recommended outward transport times and options for return to be provided

when timetables are confirmed.

What we may see: Norse crosses at Kirk Michael, beach and coastal wildlife, inland wildlife, early Christian chapels, waterfall, red sandstone geology, Peel, Peel Harbour, Peel Cathedral, Peel Castle.

What to expect: Mostly on country roads and tracks with some beach walking, coastal footpath, inland tracks and footpaths.



Friday 5 - Strenuous

(first part of this route also available as Monday 2 Moderate and Wednesday 3 Moderate)

Port St Mary – The Sound
– Port Erin – Bradda Head –
Port Erin

21.5 km/13.5 miles.

Height gained 570m/1870 feet.

About 6.5 hours walking

Description: One of the Island's favourite coastal walks in the southwest of the Island and rated as one of the best coastal walks around the Irish Sea. Explore part of the Raad ny Foillan/Way of the Gull long distance coastal footpath and then head over Bradda Head and back for Port Erin.

We take the bus from Douglas to Port St Mary (not booked) and walk

along the spectacular coastal cliffs and bays round the southwest corner of the Isle of Man past the geological fissures known as the Chasms and by two Iron Age promontory forts to the Sound, overlooking the Calf of Man and Kitterland, then continue up the west coast to Port Erin Bay and Port Erin. We walk around the bay and onto Bradda Head, exploring Milner's Tower and mining remains on the way. After reaching the top of Bradda Head we have a steep descent into Fleshwick and then back on an easy tracks and road to Port Erin for a return by bus (not booked) to Douglas. Recommended outward transport times and options for return to be provided when timetables are confirmed.

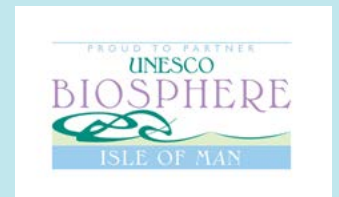
What we may see: Coastal wildlife, sea birds, gulls, choughs, ravens, grey seals at the Sound. Geology. Iron Age promontory forts. Port Erin and Port Erin Bay. Bradda Head mining and Milner's Tower.

What to expect: Mostly natural footpath along the coast and cliff, moorland areas, rocky surfaces. Café and toilets at the Sound. Coast and cliff from the Sound to steep descent to Fleshwick and gentler return to Port Erin.



**LEAVE ONLY FOOTPRINTS,
TAKE ONLY MEMORIES**

WALK THE ISLE OF MAN



MAGNIFICENT LANDSCAPES AND SPECTACULAR COASTLINES

Images Courtesy of Go-Mann Adventures

Tel: 01624 664460

Email: info@iomevents.com

www.iomevents.com